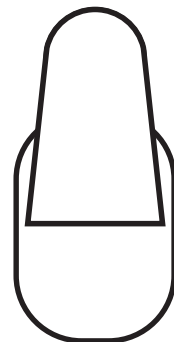




# HOW TO BRAID



1. START WITH BRUSHED, TANGLE-FREE HAIR.



2. DIVIDE YOUR HAIR INTO THREE EVEN SECTIONS.



3. CROSS THE RIGHT SECTION OVER THE MIDDLE SECTION.



4. CROSS THE LEFT SECTION OVER THE NEW MIDDLE SECTION.



5. CONTINUE THE BRAID...

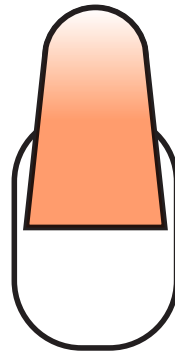


... ALTERNATING RIGHT AND LEFT SIDES.

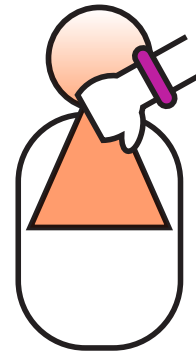
6. FINISH WITH A HAIR-TIE.



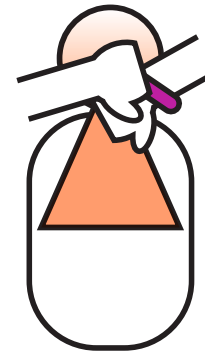
# CREATE A PONYTAIL



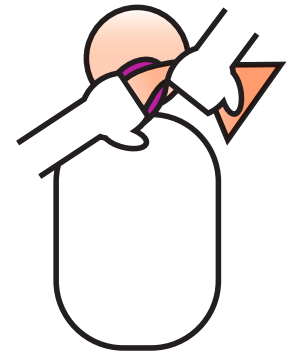
1. START WITH BRUSHED, TANGLE-FREE HAIR.



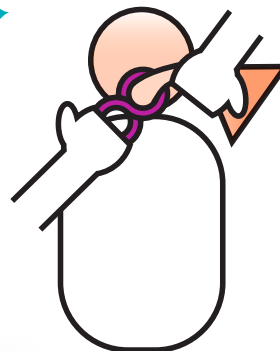
2. GATHER YOUR HAIR WITH A HAIR-TIE ON THE WRIST OF YOUR FIRST HAND.



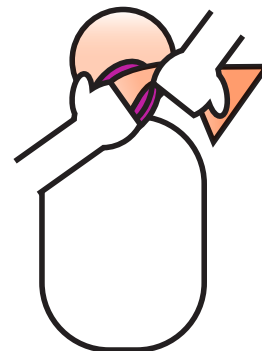
3. GRAB THE HAIR-TIE WITH YOUR SECOND HAND.



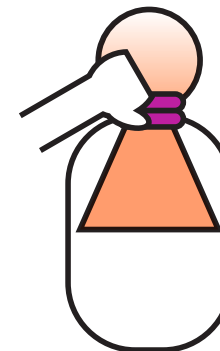
4. KEEP HOLD OF THE HAIR-TIE AND GENTLY PULL YOUR HAIR THROUGH THE HAIR-TIE LOOP. LOOP.



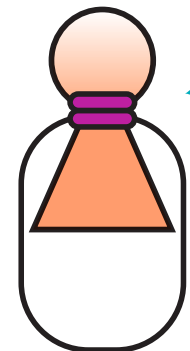
5. TWIST THE HAIR-TIE INTO A FIGURE OF EIGHT...



6. ... AND GENTLY PULL YOUR HAIR THROUGH THE SECOND LOOP OF THE HAIR-TIE.



7. LET GO OF YOUR HAIR WITH YOUR FIRST HAND.

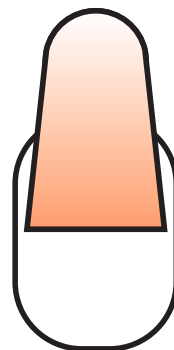


8. YOUR PONYTAIL IS COMPLETE.

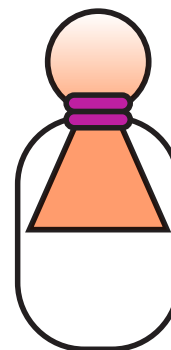




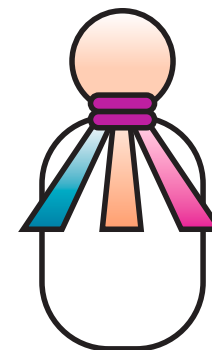
# HOW TO PONYTAIL BRAID



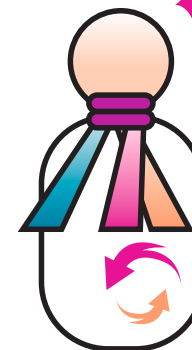
1. START WITH BRUSHED, TANGLE-FREE HAIR.



2. MAKE A PONYTAIL.



3. DIVIDE YOUR HAIR INTO THREE EVEN SECTIONS.



4. CROSS THE RIGHT SECTION OVER THE MIDDLE SECTION.



5. CROSS THE LEFT SECTION OVER THE NEW MIDDLE SECTION.



6. CONTINUE THE BRAID...



... ALTERNATING RIGHT AND LEFT SIDES.

7. FINISH WITH ANOTHER HAIR-TIE AT THE BOTTOM.